

Walking the Path of Sorrow: using the Sorrowful Mysteries of the Rosary

| [Notes on using the Liturgy](#) |

Reader I will light a light for an Agony in a Garden:
When the Son of God faced the bleakness of
loneliness
and fear in the face of death.

Reader I will light a light for a Scourging:
The Son of God - despised and rejected,
a man of sorrows - acquainted with grief.

Reader I will light a light for a Crowning:
The King of Glory with a crown of thorns:
shamed - humiliated -
powerless in the face of evil.

Reader I will light a light for a Carrying:
A burden beyond bearing -
the sins of the world,
borne by the Lamb of God.

Reader I will light a light for Crucifixion:
Father, forgive them-
they don't know what they are doing.

[Stay in prayer as long as feels comfortable.](#)
[Allow people time to be sorrowful - perhaps to share](#)
[their thoughts and feelings if appropriate.](#)

Reader Jesus said, "Do not be afraid little flock
I have overcome the world."

Reader I will light a light for hope
the life of God confronting the evil of the world
the light of God: a beacon of hope for his faithful
people.

Ideas for using this Liturgy

This is a simple, contemplative liturgy - rest on the tradition of generations of people who have prayed the Rosary in difficult and dangerous situations

- Arrange 5 small lights around one central candle.
- With each "I will light..." light one candle.
- If saying in a group, several people may wish to share the readings. You may also wish to change "I will.." to "we will..."
- When the candle is lit, say a decade of the Rosary... then move on to the next.
- Finally light the candle representing the light and life of God.

2001 Wellspring

| [Back to Liturgy Home page](#) | [Back to the reflection](#) |